

Purple Pinkie – Fingernail painting guidance

Supplies

- Sanitiser Spray
- Non-acetone nail varnish remover
- Purple nail polish (quick drying)
- Cotton wool pads

Prepare

- Wash your own hands thoroughly with soap and water and dry – if there are no hand washing facilities then use hand sanitiser on your own hands in between each client
- Ensure you are in the open air or a well-ventilated area
- Do NOT proceed in small unventilated enclosed spaces
- Ensure you understand why we are painting their left little finger nail purple

Painting the little finger on the left hand

- Ask if any allergies to: nail varnish; nail varnish remover; or cotton wool
- Ask if any cuts or sores in the area and visually check yourself – do NOT proceed if there are
- Use the time to chat about the Rotary Polio Story and Rotary generally
- Spray little finger area with sanitiser spray, ensuring its dry before proceeding
- Wipe little finger nail plate bed with nail varnish remover on cotton wool pad
- Paint little finger nail purple
- Thank them, collect any donations and pass on any information leaflets