WALK AND TALK FOR POLIO

THIS ROUTE COVERS ABOUT 1.4 MILES / 2.25 KM.

Each group of walkers will be accompanied by a steward to guide you and to help ensure your safety so please listen carefully to any instructions they give you.

Please stay with the same group throughout the walk. Each of the stop points along the walk have been selected to link with Rotary’s 7 areas of focus. At each point your walk steward will ask you to change who you are walking with within the group and ask you to talk about the specific questions for that stop as you head to the next point of interest.

START POINT 1: at the Midland Hotel, meet outside reception unless advised otherwise on the day
Stop 2: The Tower of Light (0.1 miles - 0.17Km)

Rotary Area of Focus: Environment

"The completion of the Tower of Light and creation of the Civic Quarter Heat Network was a physical embodiment of the ambitions we as a Council have to make Manchester a zero-carbon city,"

Councillor Rawlins, executive member for environment.

QUESTIONS FOR DISCUSSION

- What kinds of environmental projects are there where you come from?
- What more can you, your club or your Rotary district be doing to make a positive impact?
- What is the government doing in your country / home?

If raining, gather under the tram bridge next to the Tower of Light.
Stop 3: Rochdale Canal from the road / Deansgate Station (0.2 miles – 0.32 km)

Rotary Area of Focus: Water and Sanitation.

The canal linking Leeds and Liverpool via Manchester opened in 1816.

In 1841, the average life expectancy for labourers in Manchester was 17 years.

In the 1850s, for people from all backgrounds, the average life expectancy was 31 years.

In 1847, of the 47000 houses in Manchester, only 11000 had a piped water supply.

Note: there is a main road to cross when leaving the Tower of Light, but otherwise stay on the same side of the road.

QUESTIONS FOR DISCUSSION

• What challenges are there around water and sanitation in your society?
• What kinds of water and sanitation projects are there where you come from?
• What more can you, your club or your Rotary district be doing to make a positive impact?
• What is the government doing in your country / home?


Stop 4: Reconstruction of Mamucium Roman Fort (0.4 miles – 0.64km)

Rotary Area of Focus: Economic and Community Development.

The fort here at Mamucium was established by 78AD. Mamucium means breast shaped hill. It was an important part of the city at several times in history.

Take a look at the bridges and canals at the far side of the reconstructed fort. Enjoy the contrast of Roman civilization and Industrial civilization.

Notes: Walk along Whitworth Street towards Deansgate.

1. At the end of Whitworth Street West, there are railway bridges offering shelter.
2. Cross the road just after Deansgate Station, turning right and immediately left.
3. Be careful with the uneven pavements in this part of the walk.

QUESTIONS FOR DISCUSSION

• Rotary is only relevant if it understands the community it is in and the economies that it works within and supports. How does your club or district do this?
• How much do you know about the community heritage and culture in your society and the impact it has today, including the changing dynamics as our communities become more diverse than ever?
• When you hear the word ‘smart city’ what does it mean to you?
Note: There are railway bridges offering shelter

**Stop 5: St Matthews Sunday School and the Museum of Science and Industry (0.1 miles – 0.17km)**

**Rotary Area of Focus: Disease Prevention and Treatment.**

The museum includes the world’s first passenger railway platform.

For a set of brief facts on medicine and Manchester, look at: [https://www.manchestereveningnews.co.uk/whats-on/arts-culture-news/healing-histories-manchester-medical-facts-12301816](https://www.manchestereveningnews.co.uk/whats-on/arts-culture-news/healing-histories-manchester-medical-facts-12301816)

Notes:

1. Need to cross Liverpool Road.
2. Toilets are just to the left (and downstairs) as you go in to the Museum café.
3. The café entrance and museum offer shelter.

**QUESTIONS FOR DISCUSSION**

- Rotary is making history in eradicating polio in the world, how do we keep our members and our communities engaged in helping to finish the job?
- What was your key take away from the session with Aiden O’Leary this morning?
- What will you do for World Polio Day on 24th October?

Toilets are at the end. Also, there are disability access toilets.
Stop 6: St John’s Garden (0.1 miles – 0.17km)

Rotary Area of Focus: Maternal and Child Health

Previously the site of a church and graveyard, a garden and children’s playground were formally opened here on 10 February 1932.

QUESTIONS FOR DISCUSSION

- In the post pandemic world mental and physical health and wellbeing is so important, what are you doing to identify and meet the needs in your community
- Girls and women are often most impacted by climate change and conflict, what local or international projects are your clubs doing to build resilience for the future
- What projects are your clubs and district involved in to unleash the potential in young people

Stop 7: Great Northern Square, and Free Trade Hall (0.2 miles – 0.32km)

Rotary Area of Focus: Peacebuilding and conflict prevention.

From Wikipedia: The Peterloo Massacre took place at St Peter’s Field, Manchester, Lancashire, England, on Monday 16 August 1819. Eighteen people died and 400-700 were injured when cavalry charged into a crowd of around 60,000 people who had gathered to demand the reform of parliamentary representation.

Note:

1. There is cover inside the Great Northern Warehouse, and arches of Free Trade Hall.
2. Need to cross Deansgate – there is a main junction with traffic lights.

QUESTIONS FOR DISCUSSION

- Peace starts within each of us as individuals. Conflict happens in our daily lives. How can we build skills to enable people to deal with conflict in a positive, healthy way.
- How is your club ensuring everybody has a voice, is truly listened to and a diversity of views is encouraged?
Stop 8: Central Library and Emmeline Pankhurst Statue, St Peters Square (0.1 miles – 0.17km)

Rotary Area of Focus: Basic Education and Literacy.

Note:

1. Around Central Library, there are some covered areas
2. Trams in St Peter’s Square, and need to cross tram lines to see the statue.

QUESTIONS FOR DISCUSSION

- Literacy means something different across the generations. What does it mean to you?
- Digital literacy is becoming impossible to avoid and is creating inequality. How is your club evolving to meet the needs in your community and for your own members?

Front of Midland Hotel, plus Central Library to the right

Opposite Central Library, statue of Emily Pankhurst; and tram stop

Cover around Central Library.

Stop 9: Midland Hotel - The walk ends inside the Midland Hotel.

When you return to the Midland Hotel please complete one Post it Note for each of these 3 questions

- How could you share ideas and activities from today with others you have met this week?
- What was your key takeaway from the walk
- What is your big idea for re-energising support for polio

How about organising a short walking activity in your community for World Polio Day on the 24th October? Here in Rotary GB&I we are encouraging our clubs to organise local events on or around the 24th October to -

Walk a Mile for Polio

Take a look in the app to see the flyer for this event.